

# From Apelu

I will be taking two weeks of annual leave from the 9th to the 23rd of June.

### From Church Council

Well, its June already – the start of winter, end of financial year (get ready to be bombarded with advertisements for end-of-financial year sales of things you never knew you needed!) and the season of soups and stews (yum!).

Following the Vital Ministry consultations undertaken earlier this year, the Presbytery Pastoral Relations Committee (PRC), with the support of Church Council, has affirmed Apelu's continuing ministry at Queanbeyan Uniting Church. The PRC conveyed its appreciation to Apelu for his faithful ministry with Queanbeyan, noting his love of people, his inclusivity and his ability to teach and encourage small communities within and beyond the church. Council, and I am sure, the majority of the congregation, warmly welcomes this news.

Council has recently signed a new agreement with the Samoan Methodist Church governing their use of QUC property over the next two years. This agreement generates a modest rental income but, more importantly, allows us to share our property with another Christian church, which is a good thing.

Thanks to Lesley Hilder and Col Imrie for volunteering to take on two tasks that Ian Gray has managed for many years. Lesley will take over responsibility for entering the rosters into the Elvanto system (-see the separate note on this issue -) and Col has taken on responsibility for ordering the detergent for the dishwasher in the

kitchen. Thanks, too, to lan for all his work in these areas in recent years.

While on the topic of the kitchen, two more thanks need to be expressed: one is to the small team who generously maintain our tea and coffee supplies, and the other to the member of the congregation who anonymously donated \$1,500 to pay for the new hot water system we had to install in the kitchen earlier in the year. We are very blessed to have so many generous volunteers in our congregation.

Finally, Council wants to thank everyone involved in yet another successful Jumble Sale, Shed and 'Let's Meet our Neighbour Barbeque" on Saturday 24 May. Despite very threatening rain clouds and an icy wind, there was a good roll up and the usual goodwill all round - a happy and productive (if exhausting!) morning, reflecting the generosity of all those who donate items for sale and a lot of hard work by a lot of people in managing these events. Thank you.

Ian Robinson
On behalf of Church Council



The next Jumble Sale for 2025 will be on Saturday 28 June.

The team sort goods on a Tuesday morning and are always looking for more helpers to assist.

For more information contact Greg Toone 0412 060 465 or visit

www.quc.org.au/support/jumble-sale

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### Rosters

As you are aware, our Rosters are done on a four monthly cycle, commencing with the cardboard sheet at the back of the church which invites people to write their names on a date and responsibility that suits them.

Up until now, Ian Gray has then transferred the Rosters on to the Elvanto system, finding people to fill in any gaps. From now on, Lesley Hilder has kindly agreed to relieve Ian of this task and, in order to help her, this is a request for people to please write their names on the cardboard sheet, rather than wait for Lesley to slot them in. This will make Lesley's task easier.

Thank you.

## **Pastoral Care**

#### SKILLS TO APPROACH PEOPLE SUCCESSFULLY

Approaching people successfully involves a combination of interpersonal skills that make you appear approachable, respectful and genuinely interested. Here are some key skills needed:

#### A. Non-Verbal Communication

- Open body language: Maintain an open posture (uncrossed arms and legs, when seated),
- make eye contact (without staring),
- Offer a genuine smile. This signals that you are approachable and receptive to interaction.
- Relaxed demeanour: Avoid appearing tense rushed or distracted. A calm and relaxed presence puts people at ease.
- Appropriate proximity: Be mindful of personal space. Start at a comfortable distance and adjust based on the other person's cues.
- Mirroring (Subtle): Subtly mirroring the other person's body language can create

a sense of connection but avoid making it obvious.

- B. Verbal Communication
- Clear and Friendly Tone: Speak clearly at an appropriate volume, and with warm and friendly tone of voice.
- Genuine Greetings: Use a sincere and appropriate greeting, such as "Hi", "Hello", or "Good morning/afternoon".
- Self-introduction: Briefly introduce yourself. "I am Grace".
- Open-Ended Questions: Ask questions that encourage more than a "yes" or "no" answer. This shows genuine interest and keeps the conversation flowing. For example: "Is this your first time coming here?" "How did you hear about our church?"
- Active Listening: Pay full attention to what the other person is saying, both verbally and non-verbally. Show you're listening by nodding, making brief verbal affirmations ("uh-huh", "I see") and summarizing or paraphrasing their points to ensure understanding.
- Clear and Concise Language: Express yourself clearly and avoid complex language, especially when meeting someone for the first time.
- Positive Language: Use encouraging and optimistic language.

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# Mother's Day morning tea

Thank you to those who organised a special morning for Mothers Day!!







# Bennie's Food Basket



Congregation members are invited to bring along a grocery item or two each week to be placed in a basket at the church. Once a month these items are passed on to St Benedict's.

Bennies has provided the following advice;
UHT milk, CEREAL (only Weetbix, cornflakes &
Rice bubbles), tinned tuna large or small,
Spaghetti and Baked beans, 2 min noodles,
Pasta; Spaghetti or Spiral, Baby food or formula.
But DEFINITELY NO tinned beans or lentils.

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# Regular Ministries of QUC

Ministry	When	Contact
Bible Studies and Small Groups	Various times, weekly or fortnightly.	Apelu Tielu minister@quc.org.au
Jumble Sale	One Saturday per month (usually the 4 <sup>th</sup> ), 9am-12pm.	Greg Toone
Pastoral Care		Grace Tielu pastoralcare@quc.org.au
Sunday Morning Worship	Sundays, 9:30am.	Apelu Tielu minister@quc.org.au
The Shed	Same dates as Jumble Sale.	

If your ministry group's details are missing, or incorrect, please email news@quc.org.au to correct them for the next newsletter.



Your generous giving helps us fulfil our vision and mission – locally, nationally and internationally. There are a number of ways you can regularly give and/or make a once-off donation.

1. **Direct Giving** (encouraged) - is giving that you arrange with your own bank (can normally be set-up as weekly, fortnightly, monthly or annually) into:

# QUEANBEYAN UNITING CHURCH AT CALL ACCOUNT, B.S.B. 634-634, ACCOUNT NO. 100 020 066

- 2. **Cash** (or Cheque) offering put in the offering box each Sunday.
- 3. **Weekly Envelopes** cash (or cheque) put in the offering box each Sunday before or after worship. The envelopes are freely available to be picked-up from the back table at the church.

For more information visit www.quc.org.au/giving



#### **Church Office** (by appointment)

For general enquiries (including <u>room use/hire</u>) please see our webpage www.quc.org.au

You can contact our **Minister** Apelu Tielu 0409 550 088 or email <a href="minister@quc.org.au">minister@quc.org.au</a>. Apelu works from the church office on Monday and Wednesday mornings. Please check with him a suitable time.

Chair Church Council email council@quc.org.au



If you can't make it to church, you can join us on Zoom via <a href="this link">this link</a>.

To access the service, you will need to have a Zoom account and be logged in.

### **Next Newsletter**

Contributions for the July 2025 newsletter are due by Sunday 29 June for publication Sunday 6 July 2025. Email to <a href="mailto:news@quc.org.au">news@quc.org.au</a>.

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