



From the Minister

Bible study is in recess until the 7 August.

Apelu is on leave from the 15-31 July.

From the Chair of Church Council

Well, you certainly know you are alive on these frosty mornings! But we can console ourselves that the days are gradually getting longer!

As mentioned in the last Newsletter, Church Council is keen to re-invigorate our pastoral care work within the congregation and we are looking for a few people who would be willing to help out with this work. The idea is to ensure we are aware of when people in the congregation are facing difficulties and to co-ordinate the provision of support and practical assistance where this would be helpful. Having specific pastoral carers also gives people someone to contact when they are looking for support. Pastoral care doesn't need to be a formal or onerous task. It is possible, for example, that the pastoral care group could simply meet once a month for coffee and a chat. If you think you could help out in this way, please contact Apelu or a member of Church Council.

Thanks to everyone involved in the working bee on 15 June, with a special thanks to Glen Crawley for co-ordinating the morning and to Alison Crawley who provided the very welcome morning tea. We managed to rake up and remove three ute loads of leaves (-that's a lot of leaves!-) as well as tidying up around the gardens and the car

park. The car park has been reconfigured to provide two disabled car spaces. The white posts in the disabled car space nearest the church are there to ensure there is enough room for people on walkers or in a wheelchair to access the path from the carpark to the church. Anyone using that car park should park as close as possible to the white posts; the posts have been positioned to ensure the car doors can be opened without hitting them.

22 June saw another very successful Jumble Sale and Shed and Council again expresses it's thanks to everyone involved in making these activities such a successful interaction with the local community.

Ian Robinson, on behalf of Church Council



The next Jumble sale is on Saturday 27 July.
The Team sort goods on a Tuesday morning.
They are always keen to welcome new helpers.

For more information contact Greg Toone
0412 060 465 or visit



www.quc.org.au/support/jumble-sale

WIDE HORIZONS COUNSELLING PRESENTS

CARING FOR THE CARER

Workshop to help you set good boundaries and self care

Where: Queanbeyan Presbyterian hall, Lowe St
 When: Saturday 27 July, 1.45 pm - 4 pm
 Who for: Adults and Teens 15+
 Cost: \$40 adult/\$30 concession
 Bookings essential!
www.widehorizonscounselling.com.au

This workshop looks at how carers can provide for their own wellbeing while they are in their caring role. We will discuss topics like how to make appropriate boundaries, have good networks of support, and guard against resentment and burnout.

Lyndal Rogers

Australian Counselling Association
 Member # 27013

widehorizonscounselling@gmail.com

<https://widehorizonscounselling.com.au/>

Bennie's Food Basket



Congregation members are invited to bring along a grocery item or two each week to be placed in a basket at the church. Once a month these items will be passed on to St Benedict's.

Bennies has provided the following advice; UHT milk, CEREAL (only Weetbix, cornflakes & Rice bubbles), tinned tuna large or small, Spaghetti and Baked beans, 2 min noodles, Pasta; Spaghetti or Spiral, Baby food or formula. But DEFINITELY NO tinned beans or lentils. See the noticeboard for more details.

Church Council sees this as a practical way in which QUC can assist St Benedict's in its valuable work in our community and encourages those who can do so to participate in this scheme.

From Sue Camm

I'm a back-up singer for the Richard Clapton Tribute Show: Deep Water. My band "Tokyo Rose" was the support act for him and his band at the Tathra Pub back in the day.



SATURDAY 6 JULY 2024 FROM 19:00-23:00

DEEP WATER celebrating the music of Richard Clapton..!

Canberra, ACT, Australia, Australian Capital Territory 2902



ABOUT

Richard Clapton is arguably one of Australia's foremost and intrinsic singer/songwriters. With a career spanning over five decades, his music encompasses a wide range of styles while always weaving a story, an astute perspective that narrates some of the most familiar and poignant stories of our time. Renowned for live performances, surrounded by a veritable who's who of Rock Royalty, Richard Clapton has carved a truly special place in the Australian music story. Deep Water combine some of the finest musicians, vocalists and crew from the nation's capital, to pay homage to this truly enigmatic artist. Also proudly introducing Canberra band TopShelf - seasoned performers with over a decade of entertaining audiences with a huge repertoire of memorable and popular musical masterpieces.

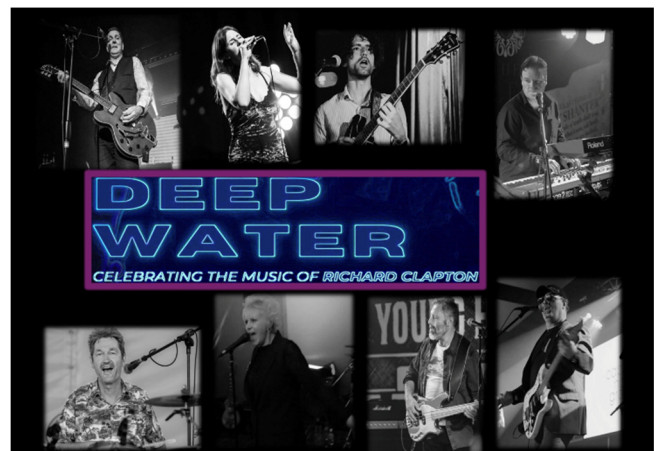
DATE

Saturday 6 July 2024 7:00 PM - 11:00 PM (UTC+10)

LOCATION

[Get directions](#)

Canberra Irish Club
 6 Parkinson St, Weston ACT 2611



Regular Ministries of QUC

Ministry	When	Contact
Bible Studies and Small Groups	Various times, weekly or fortnightly.	Apelu Tielu
Jumble Sale	One Saturday per month (usually the 4 th), 9am-12pm.	Greg Toone
Pastoral Care		Apelu Tielu
Sunday Morning Worship	Sundays, 9:30am.	Apelu Tielu
The Shed	Same dates as Jumble Sale.	

If your ministry group’s details are missing, or incorrect, please email news@quc.org.au to correct them for the next newsletter.



Your generous giving helps us fulfil our vision and mission – locally, nationally and internationally. There are a number of ways you can regularly give and/or make a once-off donation.

1. **Direct Giving** (encouraged) - is giving that you arrange with your own bank (can normally be set-up as weekly, fortnightly, monthly or annually) into:

**QUEANBEYAN UNITING CHURCH AT CALL ACCOUNT,
B.S.B. 634-634, ACCOUNT NO. 100 020 066**

2. **Cash** (or Cheque) offering put in the offering box each Sunday.
3. **Weekly Envelopes** - cash (or cheque) put in the offering box each Sunday before or after worship. The envelopes are freely available to be picked-up from the back table at the church.

For more information visit www.quc.org.au/giving



Church Office (by appointment)

For general enquiries (including [room use/hire](#)) please see our webpage www.quc.org.au

You can contact our **Minister** Apelu Tielu 0409 550 088 or email minister@quc.org.au. Apelu works from the church office on Monday and Wednesday mornings. Please check with him a suitable time.

Find us on

Chair Church Council email council@quc.org.au



If you can’t make it to church, you can join us on Zoom via [this link](#).

To access the service, you will need to have a Zoom account and be logged in.

Next Newsletter

Contributions for the August and September 2024 newsletter are due by Sunday 28 July for publication Sunday 4 August 2024. Email to news@quc.org.au.

Read Presbytery, Synod, Insights and previous QUC newsletters at www.quc.org.au/news/news